

Frederick W. Gaston, J.D.

Education

- **McGill-Toolen High School**, Mobile, AL, 1992
- **Chaminade University of Honolulu**, Bachelor of Arts in Economics, July 1999
 - **Delta Mu Delta Honor Society**
 - **Delta Epsilon Sigma Honor Society**
- **Defense Language Institute**, Graduate (Mandarin Chinese), January 1995
- **Qingdao Haiyang University**, Language Study, Summer 2000
- **University of San Diego School of Law**, Juris Doctor Degree, May 2003

Professional Experience

- **United States Navy**, Intelligence, 1994-2000
 - **National Defense Award**, 1994
 - **Good Conduct Award**, 1996
 - **Joint Service Achievement Award**, 1999 (U.S. Air Force) and 2000 (U.S. Navy)
 - **Honorable Separation**, 2000
- **Public Defenders of San Diego**, Intern, December 2001 – August 2002
- **Solare and Associates**, Clerk, February 2003 – 2004
- **Gaston & Gaston**, Private Practice, 2004 – Present
 - Trial/Court Work: Breach of Contract, Interference with Economic Relations, Unfair Competition
 - Business Formation and Structure
 - Non-Contract Litigation: Criminal Defense, Civil Rights
- **Co-Chair, San Diego County Bar Association General Civil Litigation Section**, 2006-2007
- **Co-Chair, San Diego County Bar Association Law School Relations Committee**, 2008-2009
- **Member, San Diego County Regional Chamber of Commerce Legal Committee**, 2010
- **Member, San Diego County Regional Chamber of Commerce Legislative and Small Business Advocacy Committee**, 2010-2013
- **National Conflict Resolution Center**, Mediation Training, 2015
- **Member, California Bar**
- **Member, United States Central District of California**
- **Member, United States Southern District of California**

Philanthropic Efforts

- **Board Member, San Diego Nice Guys**
- **Princess Project**
- **San Diego Downtown Partnership**

- **Lincoln Club of San Diego County**
- **Kiwanis International – Key Club Committee**
- **Mentor, San Diego Teen Court**
- **San Diego Stand Down for Homeless Veterans**

Awards & Honors

- **National Defense Award, 1994**
- **Good Conduct Award, 1996**
- **Joint Service Achievement Award, 1999 (U.S. Air Force) and 2000 (U.S. Navy)**
- **Delta Mu Delta Honor Society**
- **Delta Epsilon Sigma Honor Society**